

FREE WORKSHOP IN SANTA MONICA

HOW SELF-LOVE CAN CHANGE YOUR LIFE

15TH FEBRUARY 2017 | 6:15 – 7:15 PM

Virginia Park – The Annex Community Meeting Facility

In this workshop, we will explore the significance and the application of self-love as the most powerful cure for anxiety, fear, depression, substance abuse, procrastination, etc. We will also explore how and why a proper relationship with ‘Self’ will unleash your confidence, performance and happiness.

The program includes a slideshow presentation followed by

Q&A about the purposes and the operation of our beautiful mind, the practical value of self-love, and why it is such an essential element for our emotional balance and mental performance.

What is self-love? Who is the 'self' that we are supposed to love and how? And why is this concept so highly rated?

You will experience through a Shamanic deep meditation the concept of self-reparenting and receive practical tools to enhance your relationship with your mind and body. The Bosurgi Method - a mind-detox program - will also be introduced briefly.

This is a technical and educational workshop aiming at giving clarity and

tools to people who want to embrace their own powers, clearing permanently unwanted emotional struggles, and achieving high-efficiency in their personal, professional, and spiritual lives.

Host: Luca Bosurgi.

Date: 15th February 2017 | 6:15-7:15 PM

Address: 2200 Virginia Avenue Santa Monica, CA 90404

Cost: Free with prior registration and confirmation.

You can RSVP @ the Meetup Group ‘The Mind Shaman’

<https://www.meetup.com/mind-shaman/events/237225963/>

If you have any questions you can email Luca Bosurgi at luca@bosurгимethod.com or text 310-623-7289

ABOUT THE HOST

Author, visionary, and inspirational speaker, Luca Bosurgi, DHyp, PgDip, MBSC, C., is the creator of the Bosurgi Method® and founder and CEO of the Mind Fitness Lab Corp. Luca is a highly experienced mind researcher and healer, an insightful life coach, a master hypnotist, and a spiritual counselor. He has had formal training and clinical experience in psychology, metaphysics, life coaching, spiritual counseling, and hypnotherapy for over three decades. He has spent a clinical career mapping the modern mind and perfecting techniques to increase cognitive performance and resolve maladaptive thoughts and behaviors. The Bosurgi Method® provides answers that enrich the fields of mental health and performance, AI and Machine Learning just to name a few. Currently, the Bosurgi Method® VR (the Virtual Reality version of the method) is licensed and packaged as a VR experience through the company Mind Fitness Lab – recognized on the 2016 TransTech 200 list of key technologies driving mental and emotional well-being forward. Luca has been recently invited to introduce his groundbreaking theories about the mind with the Tech Talk – ‘Reaching Peak Mind Performance’ @ Google Global Head Office Venice, CA.

For more on Luca Bosurgi and the Bosurgi Method® please visit www.lucabosurgi.com